



Maine USATF Grand Prix Series - 2010

Maine will have a State Grand Prix for Clubs and Individuals by age group. Age groups will be 39 and under, 40-49, 50-59, 60-69, 70 and over. **All Races MUST BE a MEUSATF Sanctioned Event.** Races are as follows:

Mid winter 10Mile - Feb 7th @ 9:45 am Cape Elizabeth

Lamoine Flat Top 5k – Mar. 17th Kids Run @ 9:30am, Open & Masters @ 10am

Sea Dog Mothers Day 5k Run - May 9th@ 9:15 am Portland

Sugarloaf USA 15k & Marathon - Date to be announced

Walter Hunt 3 k - July 4th Bangor

Clam Festival 5mile - July 18th Yarmouth

Blueberry Fest 5 mile - Aug 21st

LA Bridge 5k - Aug 29th @ 9:00 am Lewiston - Auburn

Bar Harbor Half Marathon and 5k - Sept. 18th Acadia National Park

Craig Cup Cross Country Championship 5k - Date - TBA Cumberland

MDI Marathon - Oct 17 @ 8am Mount Desert

Points are awarded to results for each race with merchandise given for final Grand Prix standings. The best five races will score.

Age group determination is age at the end of the month of the first race run. To receive awards one must complete at least 3 races.

Ties will be broken by best age grading.

Intention to participate in the Grand Prix is required by signing in at the Maine USATF table for the first race.

Team captains are required to submit team results within 2 days after a race.

Standings will be posted at the races as well as on several websites (www.meusatf.org and www.mainetrackclub.com).

Requirements are that clubs and individuals be members of USATF (any association) and that individuals be Maine residents.

To score a runner must be a USATF member by the Sugarloaf race (Races run prior to Sugarloaf will count if the requirement is met). If joining after Sugarloaf, only the races that one is a member for will count

To join on line with USATF: www.usatf.org

For more information contact e-mail Allan Geiser his e-mail address is: allangeiser@yahoo.com