

USATF East Region Open Track & Field Championships to be Held July 5

The [2008 USATF East Region Track & Field Championships](#) will be held Saturday, July 5 in Kinderhook, N.Y (22 miles south of Albany). The meet will once again be hosted by USATF Adirondack and provides athletes and clubs a great opportunity to tune up for this year's USATF National Club Track & Field Championships (Olathe, KS; July 18-19)

Cash prizes of \$400, \$200 and \$100 will be awarded to the top three men's and women's teams. In addition,

\$500 will be awarded to the men's and women's champions to help support travel to the National Club Championships.

The meet will be held at Ichabod Crane High School which boasts a two year old 8-lane track with excellent facilities for field events (note: the Hammer Throw will not be contested). It is conveniently located about 5 miles south of I-90, (Exit 12 Route 9 Hudson) just off Route 9. .

Details on the meet, including meet schedule, directions to the facility and entry forms are available at http://www.usatfadir.org/HPLinks/2008_USATF_EastRegionT&FChamps.htm. Online entry is available.