



2012 USATF Maine Association Youth, Open & Masters Indoor Championships

Sanctioned by USA Track & Field Maine

Date: Sunday, February 26, 2012

Memorial Gymnasium – University of Maine, Orono, Me.

Start Time 11:00 a.m. - Meet Check-in begins at 8:30 a.m.

Entries close at 10:00 a.m. on meet day

Registration Form

Meet Registration Fee: Pre-Entry \$15.00 (1st 4 events, + \$3 each additional event)

Late Entry Fee: \$20.00 (1st 4 events + \$3 each additional event)

Late Entry fee will be charged after 12:00 midnight on 02/25/2011

Day of meet registrations will be accepted at the meet

*****ENTRY FEES must be paid in US Dollars ONLY*****

Meet Information: Mark Dennett, 5 Gedney St. Augusta, ME 04330 (Tel: 207-577-1732) mark.r.dennett@gmail.com

Mail entry to: Mark Dennett, 5 Gedney St. Augusta, ME 04330 (Tel: 207-577-1732) mark.r.dennett@gmail.com

Make Checks Payable to: Maine USATF (US Dollars only)

Awards: Top 3 finishers in the each category of **OPEN/Masters/Youth/High School Divisions**, (Open and Masters compete in 5-year age divisions). *All age divisions must provide your own approved indoor field implements.*

USATF Registration is required

USATF membership will be available at meet (Youth -\$15, Adult - \$30).

*** EVENTS ***

Division Labels: OPEN - **O** (19 to 29), MASTER – **M** (30 and older),

YOUTH - **Y** (14 & Under), HIGH SCHOOL— **HS** (15 to 18)

3K Race Walk (O,M) – 800 Meter Race Walk (Y) – 1500 Meter Race Walk (HS) - 55 Meter Hurdles (HS,O)

55 Meter Dash (ALL) - One Mile Run (ALL) - Two Mile Run (ALL) – 400 (ALL) – 800 (ALL) – 200 (ALL)

Weight Throw (M-35lb. W-20lb.) (O) – Shot-put (ALL) – Pole Vault (ALL) – High Jump (ALL) – Long Jump (ALL)

Triple Jump (ALL)

No event limitations for Open and Masters. Athletes in Youth and High School divisions are limited to 3 individual events plus 1 relay. Youth age is determined by birth year, open and masters is on the day of the meet.

Please indicate seed performance if available.

Name: _____ **Gender:** Male Female **Age:** _____ **Division:** O M HS Y

Event/Performance	Event/Performance	Event/Performance	Event/Performance
_____ / _____	_____ / _____	_____ / _____	_____ / _____

In consideration of USATF Maine acceptance of this entry, I, _____ intending to be legally bound, hereby for myself, my heirs, executors, administrators, waive any and all rights, claims, or damages I may have against University of Maine, the USATF Maine, their representatives, successors, and assigns for any and all injuries suffered by me at the meet. By entering this competition, I grant USATF Maine, Inc., a limited license to use my name, likeness, image, voice, video, athletic performance, biographical and other information, in any format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting the sport of Athletics. In no event will such usage constitute an endorsement of any product or service without my specific written consent.

Please print clearly!

Name: _____ **Date of Birth:** _____ **Age:** _____

Street: _____ **City:** _____ **State:** _____ **Zip:** _____

Tel: _____ **Club:** _____ **2012 USATF Number:** _____

Signature: _____ **Valid e-mail address:** _____

Please photocopy this entry form if more Individual Entry Forms are needed

2012 ORDER of EVENTS

Field events begin at 11:00 am, running events begin at 11:30 am.

Running events are not on a time schedule!

Horizontal jumps begin as indicated below.

*All age divisions must provide own approved indoor field implements.

All age groups will be contested together, but scored separately!

Running Events, Beginning at 11:30 am

All race walks will be held simultaneously at 11:30 am

- Women's 3 K Race Walk
- Men's 3 K Race Walk
- Youth 800 Meter Race Walk
- High School 1500 Meter Race Walk
- Women's 55 Yard Low Hurdle Final
- Men's 55 Yard High Hurdles Final
- Women's/Girls' 55 Yard Dash Final
- Men's/Boys' 55 Yard Dash Final
- Women's Mile Run
- Men's Mile Run
- Women's/Girls' 400 Meter Final On-Time
- Men's/Boys' 400 Meter Final On-Time
- Women's 4x220 yard Club Relay
- Men's 4x220 yard Club Relay
- Women's 2 Mile Run
- Men's 2 Mile Run
- Women's 800 Meter Run
- Men's 800 Meter Run
- Women's/Girls' 200 Meter Dash
- Men's/Boys' 200 Meter Dash
- Women's Mile Club Relay
- Men's Mile Club Relay

Field Events, Beginning at 11:00 am

Women's 20lb. Weight Throw*, followed by
Men's 35lb. Weight Throw*, followed by the
Women's Shot-put*, followed by the Men's Shot Put*

Age groups	Male SP Weight	Female SP Weight
(Y) 8&U	4lb*	4lb*
(Y) 9-10	6lb*	6lb*
(Y) 11-12	6lb*	6lb*
(Y) 13-14	4kg	6lb*
(HS) 15-18	12lb	4kg
(O) 19-29	16lb	4kg
(M) 30-109	Age group dependant	Age group dependant

***PROPER INDOOR SHOTS WILL BE PROVIDED FOR THE FOLLOWING AGE GROUPS: 8&U, 9-10, 11-12, 13-14**

****All Masters division athletes will use proper weighted implements in SP and Weight Throw for their age divisions. No indoor house implements will be provided for High School, Open, and Masters athletes must provide their own approved indoor throwing implement**

Women's Pole Vault, followed by the Men's Pole Vault
Men's High Jump, followed by the Women's High Jump
Long & Triple Jumps will be conducted as an Open Pit.
Pits open at 11:00 am and will close at 2:45 pm
Shot Put / Weight Throws / LJ & TJ -4 attempts

Directions to Memorial Gymnasium –

University of Maine, Orono: From I-95: After taking Exit 193 off Interstate 95 onto Stillwater Avenue, take Stillwater Ave., go through three sets of lights, past Burger King, Wendy's, over the bridge, and at the 4th set of lights, you will see a KFC restaurant, and across the street a McDonald's -- turn right onto College Ave., travel about one mile, turn left at the foot of the hill into the campus parking lot when you see the white peaked hockey arena. Memorial Gymnasium will be directly in front of you as you come up the hill onto campus – the field house is the building with a huge blue 'M' on the wall. Walk into the building via blue doors with glass windows in them.

Note: There is no concession for food at this meet. Please bring your own water and food!

Any athlete is allowed to enter an Open event in which awards are given based on order of finish without reference to age. Youth athletes compete against each other in only one division in this meet. Master athletes receive awards based on their age divisions only in the Master only events.

Please photocopy this entry form if more Individual Entry Forms are needed