



Maine USATF 2008 Road Grand Prix Rules

Maine will have a State Grand Prix for Clubs and Individuals by age group. Age groups will be 39 and under, 40-49, 50-59, 60-69, 70 and over. Races are as follows:

February 3 Midwinter 10 mile classic Cape Elizabeth
May 11 Sea Dogs Mother's Day 5K Portland
May 18 Sugarloaf USA 15K and Marathon
June 15 New England Mile Portland
July 20 Old Hallowell Days 5K
August 24th L/A Bridge 5K Auburn
September 1st Bangor Labor Day 5 mile
September 13th MDI YMCA Bar Harbor Half Marathon
September 27th Eliot Festival Days 5K
October 11th Craig Cup Final 5K XC Cumberland
October 26th Great Pumpkin 10k Saco

Points are awarded to results for each race with merchandise given for final Grand Prix standings. The best six races will score.

Age group determination is age at the end of the month of the first race run. Ties will be broken by best age grading.

Intention to participate in the Grand Prix is required by signing in at the Maine USATF table for the first race.

Team captains are required to submit team results within 3 days.

Standings will be posted at the races as well as on several websites (meusatf.org, mainetrackclub.com).

Requirements are that clubs and individuals be members of USATF (any association) and that individuals be Maine residents.

To score a runner must be a USATF member by the New England Mile (Races run prior to the Mile will count if requirement is met. If joining after the Mile only the races that one is a member for will count)

To join USATF go **to meusatf.org**

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