



**Maine Association of USA Track & Field  
2008 Cross Country Awards and 2009 Track & Field Annual Awards Banquet**

Maine USATF Association welcomes each and every one of the athletes, parents' guests, coaches, officials and board members.

During the **2008 Cross Country Season**, we had many athletes participate within the cross country series meets. At the Region 1 Qualifying and Championship meet in 2008, athletes of all age groups (parents and officials as well) had to endure Maine's seasonal weather. At the 2008 **USATF National Junior Olympic Cross Country Meet** which was held on 12/13/08 at **Pole Green Park - Mechanicsville, VA**, 9 athletes of MEUSATF received the "**All American Team Awards status**", which the athletes had to place in the top 25 finishers\*\* within their age division.

At the **2008 USATF National Junior Olympic Cross Country Meet** that was held in Virginia, **the MEUSATF Club - Lakers Intermediate Boys Cross Country Team** placed **First in the country**. The top 5 scoring members of the team also made the "**All American Team Awards status**". **Those Intermediate Boys are: Liam Cassidy (8), Kelton Cullenberg (2), William Geoghan (10), Alexander Mosher (19), and Logan Price (17), the remaining team members were; Luke Fontaine, Jack Terwilliger and Brian Beede. Congratulations Gentlemen.**

**The MEUSATF Club - Lakers Intermediate Boys Cross Country Team National Team, scoring places is as follows: 2<sup>nd</sup> / 6<sup>th</sup> / 9<sup>th</sup> / 17<sup>th</sup> / and 19<sup>th</sup>. Top 5 members of the team score with the remaining members (3) displace other teams' members in scoring.**

**For 2009, the Region I Cross County meet, is to be held Sunday, Nov. 22, 2009 at Cony High School – Augusta, Maine and the USATF National Junior Olympic Cross Country Meet will be on December 12, 2009, Rancho San Rafael Regional Park - Reno, Nevada**

**2008 Cross Country Awards: \*\* 2008 USATF All American Team Award\*\***

Athletes had to place within the **top 25 finishers** within their age division to make the national team.

**Youth Girls: Abby Mace\*\* - 1<sup>st</sup> @ Maine / 1<sup>st</sup> @ Region 1 / 6<sup>th</sup> @ National\*\***

**Midget Boys: William Shafer\*\* - 1<sup>st</sup> @ Maine / 1<sup>st</sup> @ Region 1 / 10<sup>th</sup> @ National\*\*  
Kelby Mace\*\* - 2<sup>nd</sup> @ Maine / 2<sup>nd</sup> @ Region 1 / 11<sup>th</sup> @ National\*\***

**Those Intermediate Boys are:**

**Liam Cassidy\*\* - 4<sup>th</sup> @ Maine / 1<sup>st</sup> @ Region 1 / 7<sup>th</sup> @ National\*\*  
Kelton Cullenberg\*\* - 2<sup>nd</sup> @ Maine / 3<sup>rd</sup> @ Region 1 / 2<sup>nd</sup> @ National\*\*  
William Geoghan\*\* - 3<sup>rd</sup> @ Maine / 1<sup>st</sup> @ Region 1 / 10<sup>th</sup> @ National\*\*  
Alexander Mosher\*\* - 9<sup>th</sup> @ Maine / 6<sup>th</sup> @ Region 1 / 19<sup>th</sup> @ National\*\*  
Logan Price\*\* - 6<sup>th</sup> @ Maine / 4<sup>th</sup> @ Region 1 / 17<sup>th</sup> @ National\*\***

**Young Men: Jason Kaake\*\* - 1<sup>st</sup> @ Maine / 1<sup>st</sup> @ Region 1 / 22<sup>nd</sup> @ National\*\***

Other honored athletes receiving 2008 Cross Country Awards are:

**Bantam Boys:** *Andrew Sholl - 1<sup>st</sup> @ Maine / 1<sup>0th</sup> @ Region 1 / 2<sup>7th</sup> @ National*  
**Intermediate Boys:** *Luke Fontaine - 1<sup>st</sup> @ Maine / 2<sup>nd</sup> @ Region 1 / 35<sup>th</sup> @ National*  
*Jack Terwilliger - 5<sup>th</sup> @ Maine / 5<sup>th</sup> @ Region 1 / 38<sup>th</sup> @ National*  
*Brian Beede - 11<sup>th</sup> @ Maine / 31<sup>st</sup> @ Region 1 / 98<sup>th</sup> @ National*

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### 2009 MEUSATF Track & Field Records

For the **2009 Maine USATF Youth State Track & Field Championship** meet, there were only **9** new or tied records set in the running and field events, not like in 2008 there were 12 new records set. All USATF Registered athletes who broke the “old records” received the association state patch along with the USATF Associations’ Gold Medal. Out of this years – 2009, 9 new records set, there were 4 new records set that hadn’t been broken in a number of years. The oldest standing record (which we’ll start with first) lasted for **25 years** which was set back in **1984**. The other records were set in **1985 – 24 years (1 record) and 1991 – 18 years (2 records),.**

The oldest tied record in 2009 was held for **25 years** by Jessica Spencer of Cape Elizabeth in the **Youth Girls Long Jump** event. Jessica had set the record of a jump of 16’ 01.5” back in 1984. In 2009, this young lady has tied or set new MEUSATF Records in other age divisions and most all her records still stand. This young lady, **Tia Jackson** – a member of the **Old Town TC** has been setting records since 2004. **Tia’s** first record she set was back in 2004 in the **Mite Girls (8&Under) 100m dash** with a time of **16.16 sec.** **Tia’s** 2<sup>nd</sup> record was set back in 2006 in the **Bantam Girls (9-10) - 100m dash with the time of 14.98sec.** (which now has been broken). **Tia’s** 3rd record was set in 2008 in the **Midget Girls (11-12) - Triple Jump** with a distance of **32’ 2.75”**. Now a **4<sup>th</sup> tied** MEUSATF record set by **Tia**, in the Youth Girls (13-14) - Long Jump Event...she tied 1984 record with the same distance of **16’01.50”**. **Tia** also participated at the **2009 USATF National Junior Olympics Track & Field Championship Meet** which was held at Greensboro, NC. She competed with other 13-14 Youth Girls from around the country. She participated in the following events; Youth Girls Long & Triple Jump events and Tia medaled in the Youth Girls High Jump Event! Way to go Tia.....jump high and jump loooooong.

The next **second** oldest records were set back in 1985, **24 years** later was the Mite Girls(8&Under) - 4x100m Relay held by Twin-K TC with a record time of 1:12. In 2009, the Mite Girls from the **York Parks & Recreation TC** “smashed” the old relay time with a new record time of **1:11.58**. The members of the **York Parks & Recreation TC** who broke the record are: **Nina Howe, Julianne Kiklis, Lily Moran and Emma White**. Congratulations, young ladies.....keep breaking those relay times in future years!

Now we come to the **last two** oldest records which was held for **18 years**, set in 1991. First is the Youth Girls Triple Jump event which was set back in 1991 by Jana Clark of the CAD TC with the distance of 33’ 04”. Then came along a young lady by the mane of **Alex Jenson** from the **Waterville Parks & Recreation TC** (coached by Wendy Serbent) and broke the old record with a new **Youth Girls Triple Jump** distance of **34’ 04.75”**. Way to go Alex, keep eating those snap, crackle and pop cereal!

The next 18 year old record that was broken was a team effort. This team is made up of 4 young ladies in the Midget Girls (11-12) age division. The new record was set by the **Scarborough Parks & Recreation - Midget Girls** in the 4x100m Relay event. Under the coaching of Ron Kelly (Youth Chair) the girls went onto setting a new record of **59.01 sec.**, the old record set back 1991 was by Twin K TC with a time of 59.30. These young ladies must have worked long and hard in improving their proper

passing of the baton skills, and running like the wind. .... These young ladies have a lot to be proud of. Its an honor to introduce the young ladies; ***Tamar Barsamian, Lyla Hale, Katherine Kirk and Hannah Robbins!!!!!! Lets hope that your record stands for MANY, MANY years as well.***

Yes, there’s also new records set for 2009, but the “Old Records” set way back when, no others were as in long duration. The new records set in 2009, had been established earlier - mid 2000’s years.

There are other new gold record holder athletes that also broke standing records; those records aren’t as old as the above mentioned, but in 2006, a 32 year old record bit the dust. Hopefully all the new records set by all athletes’ in 2009 will stand for many years. By acknowledging the lengthy duration of records...an incentive for other athletes participating in future years will also try and break both the “old and new “records”. **Records are made to be broken.** By now you know “the rest of the story”!

Valaree Foss – Maine USATF - President

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**Master of Ceremonies: Paul Morency – Past President & Membership Chair**

**2009 Track & Field Awards**

	<u>Team</u>	<u>Event</u>	<u>New Record</u>	(Old Record)
<b><u>Mite Girls (8&amp;U)</u></b>				
	<i>York TC</i>	<i>4x100m Relay</i>	<i>1:11.58</i>	<i>1985 – 1:12</i>
<b><u>Mite Boys (8&amp;U)</u></b>				
<i>Trevor Haynes</i>	<i>AYS</i>	<i>Shot Put</i>	<i>24’ 07.50”</i>	<i>2000 – 23’ 2.75”</i>
<b><u>Midget Boys (11-12)</u></b>				
<i>Jake Dixon</i>	<i>Windham</i>	<i>200m Dash</i>	<i>27.60 sec</i>	<i>2000 – 27.64 sec.</i>
<b><u>Midget Girls (11-12)</u></b>				
	<i>Scarborough TC</i>	<i>4x100m Relay</i>	<i>59.01sec</i>	<i>1991 – 59.30 sec.</i>
	<i>Tamar Barsamian, Lyla Hale, Katherine Kirk and Hannah Robbins</i>			
<b><u>Youth Girls (13-14)</u></b>				
<i>Tia Jackson</i>	<i>Old Town TC</i>	<i>Long Jump</i>	<i>16’ 1.5”</i>	<i>1984 tied</i>
<i>Alex Jenson</i>	<i>Waterville P&amp;R</i>	<i>Triple Jump</i>	<i>34’ 4.75”</i>	<i>1991 – 33’ 04”</i>
<b><u>Youth – G&amp;B (13-14)</u></b>				
	<i>Panther TC</i>	<i>4x100m Mixed Relay Team</i>	<i>52.58 sec</i>	<i>2006 – 54.90 sec</i>
	<i>Sophie Spiller, Emma Jane Turton, Forrest Sterns and Tyler Sturdevant</i>			



**Congratulations to all award winners.**

**Ron Kelly** - MEUSATF Youth Chair will present awards to the Top Female, Male and Over-all Combined Team Points from the 2009 Youth T&F Championship Meet.

**The following team placed in all Top Female & Male Team & Combined Team Award is presented to the Panther Track Club. Coach Dan Roy**

**Top Combined Female Teams: 264 points - Panther TC**

**Top Combined Male Teams: 245 points - Panther TC**

**Top Combined Female and Male Team Total Score: 509 points – Panther TC**

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Valaree Foss MEUSATF President will present the following awards;

**2009 Maine USATF Official's Award: Marty Kahler, David Thornton and Joyce Wiebe**

**2009 Special Recognition Award: Buster Brynes – Master Athlete / Coach / Mentor to ALL**

**2009 Maine USATF President's Award: Marty Thornton and Paul Morency**

**2009 Open & Maters Event Named: Discus – Paul W. Morency Event**

**2008 USATF National Convention Award Recipients;**

**Don Berry – MEUSATF Officials Certification Chair, received the 2008 John Davis Award for an official who espouses, through community activities other than officiating, humanitarian efforts by leadership, fellowship and developmental welfare of others.**

**Valaree Foss – MEUSATF's President, received the James Gray Award for Recognition by peers for excellence and achievement by an individual who by providing the leadership, setting the example and going out of his/her way to help in the Development of others in the USATF Officials organization.**

**2008 Maine USATF once again received the Gold USATF Association Award in recognition of being the top association out of the 57 associations that is affiliated with USA Track & Field. MEUSATF has received the USATF Association's Gold Award 6 out of 7 times since this began,**

**I would also like to extend to Marty Thornton our thank-you for providing to the association the picture slide show that was being shown during this year Awards Banquet. For those that would like to view more of Marty's photo's, please visit her photo site at:**

**[www. http://www.martythorntonphotos.com/](http://www.martythorntonphotos.com/)**

**I want to thank each and every one of you for coming to this year's awards banquet, safe travels to everyone.**

**Valaree Foss – USATF - Maine – President – 2009**