Licensed to Mt. Ararat Track Hy-Tek's Meet Manager 8/7/04 08:16 PM

Maine USATF Outdoor Championships - 7/30/04 to 7/31/04

Lewiston High School

Results

Women 29&U 100 Meter Dash

	Name	Age	School	Finals	Points
1	Wiemen, Susan		Unattached	14.46	

Women 29&U 200 Meter Dash

	Name	Age	School	Finals	Points
1	Foster, Barbara		Merrimack Valley	34.92	

Women 29&U 400 Meter Run

	Name	Age	School	Finals	Points
1	Wiemen, Susan		Unattached	1:09.95	

Women High Jump

	Name	Age	School	Finals	Points
1	Wiemen, Susan		Unattached	4-04.00	
2	Foster, Barbara		Merrimack Valley	3-08.00	

Women Pole Vault

	Name	Age	School	Finals	Points
1	Miczek, Beth		Unattached	3.15m	
2	Swan, Pam		Unattached	2.91m	
3	Dumas, Bettany		Unattached	2.70m	
4	Thomas, Ally		Univ. of Maine O	2.25m	

Women Shot Put

	Name	Age	School	Finals	Points
1	Miczek, Beth		Unattached	10.08m	
2	Wiechman, Mikki		Univ. of Maine O	9.53m	
3	Foster, Barbara		Merrimack Valley	9.07m	

Women Discus Throw

	Name	Age	School	Finals	Points
1	Foster, Barbara		Merrimack Valley	24.27m	

Women Javelin Throw

	Name	Age	School	Finals	Points
1	Miczek, Beth		Unattached	26.81m	

Men 29&U 100 Meter Dash

	Name	Age	School	Finals	Points
1	Merrill, Clint		Merrimack Valley	12.92	
2	Stanwood, Benjamin		Unattached	13.41	
3	Travers, Michael		Unattached	13.95	

Men 29&U 200 Meter Dash

	Name	Age	School	Finals	Points
1	mohamed, abdirizak		Unattached	26.13	
2	Merrill, Clint		Merrimack Valley	26.42	
3	Johnstone, Roger		Merrimack Valley	28.52	

Men 29&U 400 Meter Run

	Name	Age	School	Finals	Points
1	mohamed, abdirizak		Unattached	57.26	
2	Johnstone, Roger		Merrimack Valley	1:05.75	

Men 29&U 800 Meter Run

	Name	Age	School	Finals	Points
1	mohamed, abdirizak		Unattached	2:16.14	
2	Russell, Kevin		Unattached	2:37.94	

Men High Jump

	Name	Age	School	Finals	Points
1	Johnstone, Roger		Merrimack Valley	5-04.00	
2	Byrnes, Buster		Sky Pilot Pole V	4-02.00	

3	Ciarrocchi, Paul	Sub5 Running Clu	3-04.00

Men Pole Vault

	Name	Age	School	Finals	Points
1	Chrispin, John		Unattached	3.66m	
2	Byrnes, Buster		Sky Pilot Pole V	2.40m	

Men Long Jump

	Name	Age	School	Finals	Points
1	Hall, Eric		Unattached	6.00m	
2	Russell, Kevin		Unattached	4.80m	
3	Travers, Michael		Unattached	4.54m	
4	Byrnes, Buster		Sky Pilot Pole V	4.00m	
5	Ciarrocchi, Paul		Sub5 Running Clu	3.59m	

Men Triple Jump

	Name	Age	School	Finals	Points
1	Byrnes, Buster		Sky Pilot Pole V	8.03m	
2	Ciarrocchi, Paul		Sub5 Running Clu	6.85m	

Men Shot Put

	Name	Age	School	Finals	Points
1	Brown, M		Unattached	15.04m	
2	Dissell, M		Unattached	12.83m	
3	Stanwood, Benjamin		Unattached	12.25m	
4	Byrnes, Buster		Sky Pilot Pole V	11.44m	
5	Virgilio, Steve		Unattached	10.07m	
6	Hall, Eric		Unattached	9.29m	

Men Discus Throw

	Name	Age	School	Finals	Points
1	Brown, M		Unattached	44.94m	
2	Dissell, M		Unattached	37.74m	
3	Byrnes, Buster		Sky Pilot Pole V	33.89m	
4	Virgilio, Steve		Unattached	32.77m	
5	Stanwood, Benjamin		Unattached	29.20m	

Men Javelin Throw

	Name	Age	School	Finals	Points
1	Stanwood, Benjamin		Unattached	41.30m	
2	Virgilio, Steve		Unattached	36.56m	
3	Byrnes, Buster		Sky Pilot Pole V	23.83m	
4	Ciarrocchi, Paul		Sub5 Running Clu	21.50m	